



FAMILY FIRST AID COURSE

Thursday 19TH APRIL 18.30-21.30

St Joseph's Parish Centre

£30 per person *First Aid manual, certificates, & handouts included*

Have you ever wondered how you would react to an emergency? Come & learn new skills. This short course will provide information on how to cope with first aid emergencies in the home. Topics covered include:

- Dealing with an unconscious casualty
- Baby/Child/Adult Resuscitation
- Choking
- Head Injuries, Seizures & Febrile Convulsions
- Child Related Conditions (Croup, Anaphylaxis)
- Bleeding
- Burns

The course is fun and informative and has been enjoyed by hundreds of parents so far. The aim of this course is to provide you with basic information that you can remember, it will also give you lots of confidence to cope with emergencies. There's always time to ask questions, giving you plenty of reassurance.

For more information & to book a place please contact

St Joseph's School: Zoé Crone – email zkunzig@gmail.com

St Joseph's Parish: Joan Barham – email pastoral@stjosephs.org.uk

Places are limited so please don't delay