

St Joseph's Parish

South Bucks Pastoral Area, Diocese of Northampton

Lent 2026

LENT: ACTS OF KINDNESS

Get involved in our parish-wide initiative to reflect the heart of Jesus through simple, everyday acts of kindness and generosity this Lent. You'll find details and the weekly themes in the newsletter.

"Be kind to one another" Ephesians 4:32 ESV

Ash Wednesday

Ash **Wednesday 18 February** is the start of Lent. It is a day of fasting and abstinence. Mass with distribution of ashes at 7am in the Oratory as well as at 9am and 7:30pm in St Joseph's Church.

Crossing Borders for Peace

Meet Naomi Wayne of the British Shalom-Salaam Trust on **Saturday 21 February** from 11am to 12:30pm in the First Committee Room. She is a peace activist from a unique Jewish charity which supports grassroots projects across the whole of Israel-Palestine-Golan. Get up-to-date information on what is happening in Gaza, in the West Bank and in Israel - and share some hope for the future.

Dilexi Te (Love of the Poor)

An opportunity for parishioners to come together to study and discuss 'Dilexi Te', Pope Leo's document on Love of the Poor. This takes place on five consecutive Thursday evenings - **26 February, 5 March, 12 March, 19 March and 25 March** - at 7pm in the First Committee Room. Scott Albrecht BA, MA Theol has lived with destitute men, women and children for over 30 years. He will be helping to facilitate a study and discussion process, in which our relationship to the last, the lost and the least can grow and deepen.

Emmaus - Opening the Scriptures

Our Lent talk takes place on **Wednesday 4 March** at St Teresa's Church in Beaconsfield. The topic is '*Spiritual Warfare - The Battle You Can't See But Must Fight*' (Ephesians 6:10-18) and the speaker is Dr Maria Heath. You can attend in person or watch live via our YouTube channel, see www.stjosephs.org.uk/Emmaus for more details as well as links to recordings of all our previous talks.



Adoration

Spending time in Eucharistic Adoration draws us closer to Jesus and helps us deepen our faith. You are invited to spend some time resting and praying in the presence of the Lord on **Mondays from 6:30pm to 7pm** in St Joseph's Church and on **Thursdays after the 9am Mass until 10am**.

Rosary Circle

The Rosary is the perfect prayer to pray communally for the needs and intentions of our parish and the wider world, especially at this time. Pray with us via **Zoom on Tuesdays at 7:30pm** (*contact the Parish Office for details*) or join us in person in The Oratory on **Thursdays at 7:30pm**.

Stations of the Cross

During Lent, we take a journey with Jesus. The Stations of the Cross follow His path from the time He was condemned to His burial in the tomb. It is a way to pray and meditate on His sacrifice for us and it helps us examine our life in light of the cross. Journey with us on **Tuesdays (except 24 February) and Fridays after the 9am Mass** in St Joseph's Church.

GET IN TOUCH WITH US

www.stjosephs.org.uk
01753 886581
office@stjosephs.org.uk

Parish Office Open

Monday 9am to 12 noon
Wednesday 9am to 12 noon
Friday 10am to 12 noon

“Next Wednesday, the season of Lent begins. It is a time for deepening our knowledge and love of the Lord, for examining our hearts and our lives, as well as refocusing our gaze on Jesus and his love for us. May these coming days of prayer, fasting and almsgiving be a source of strength as we daily strive to take up our own crosses and follow Christ.”

Pope Leo XIV (General Audience, Wednesday 11 February 2026)

World Day of Prayer

This global ecumenical movement, led by Christian women, shares the hopes, concerns and prayers of women from around the globe. Each year, women from a different country craft a service, sharing their unique spiritual journey and culture. For 2026, the women of Nigeria have created a service that speaks to our need for peace and solace, drawing on their faith and experiences in a world filled with struggles and anxieties. The theme is ‘*I will give you rest, come*’. Our parish is hosting the celebration with local churches on **Friday 6 March** at 10:30am in St Joseph’s Church.

Readers Afternoon

Fr John will lead a time of reflection and training for all those who read at The Most Holy Name and St Joseph’s Churches on **Sunday 8 March** from 2:30pm to 4:30pm in the First Committee Room.

Lenten Retreat

Saturday 14 March in St Joseph’s Church. Led by Fr Jerome, the theme is ‘*The Agony of Obedience: Contemplating Christ’s Suffering in Gethsemane*’. It starts with Holy Mass at 10am, followed by a Lenten Reflection and time for silent prayer with Exposition of the Blessed Sacrament. Our parish **Lent Service of Reconciliation**, with individual confessions, takes place at 12 noon. Lent is a time to deepen our faith, reconnect with God, and prepare for Easter, so why not take this opportunity to spend some time in prayer and reflection away from the distractions of daily life.

Youth Mass

All our young parishioners (*age 11 upwards*) are invited to join us for the 11am Mass on **Sunday 15 March**. They are encouraged to get involved in various aspects of the Mass including the music. Afterwards there will be youth activities in the Library, followed by food.

Feast of St Joseph

Thursday 19 March is the feast of St Joseph, Patron of the Universal Church, Protector of the Discalced Carmelite Order and Patron of our Parish. There will be Mass at 7am in the Oratory and at 9am in St Joseph’s Church. Our patronal celebration will take place on **Sunday 22 March** with 11am Mass, followed by an afternoon of fun and fellowship in the School Hall from 12 noon to 5pm where we will celebrate the various cultures within our parish community.

Interactive Stations of the Cross

Outside on the grass on **Palm Sunday 29 March** from 9am until 5:30pm. The 14 stations depict Jesus’ final journey of love, in an easy-to-follow format, offering simple meditations and actions that even young children can participate in. Come at any time and take a self-guided journey around the stations using the prayer leaflet provided.

Shrove Tuesday Coffee Morning

Join us in the First Committee Room on **Tuesday 17 February** between 9:30am and 12 noon. The St Vincent de Paul Society will be serving tea, coffee and cakes. All are welcome, do come along and see this year’s fabulous selection of cakes.

Tea and a Chat

Our friendly group meets together for a chat over a cuppa on **Thursdays 26 February, 12 March and 26 March** from 2pm to 4pm in the First Committee Room. Everyone is most welcome.

Dementia Café

Chalfont Dementia Support hosts its Wednesday Café on **4 March** in the First Committee Room and on **18 March** in Chalfont St Peter Church Hall. Both sessions are from 10am until 12 noon. The Café gives a very warm welcome to those living with dementia, their families and carers.

New Hall

Come and enjoy some of these fundraising events that parishioners have organised in aid of St Joseph’s Community Hall.

Quiz Night on Saturday 21 February

From 7pm at Chalfont St Peter Community Centre. Tickets £10. [BOOK HERE](#)

Barn Dance on Saturday 7 March

From 7pm at Chalfont St Peter Community Centre. Tickets £25. [BOOK HERE](#)

Soup Lunch on Tuesday 17 March

From 12 noon until 2pm in the First Committee Room. £10.